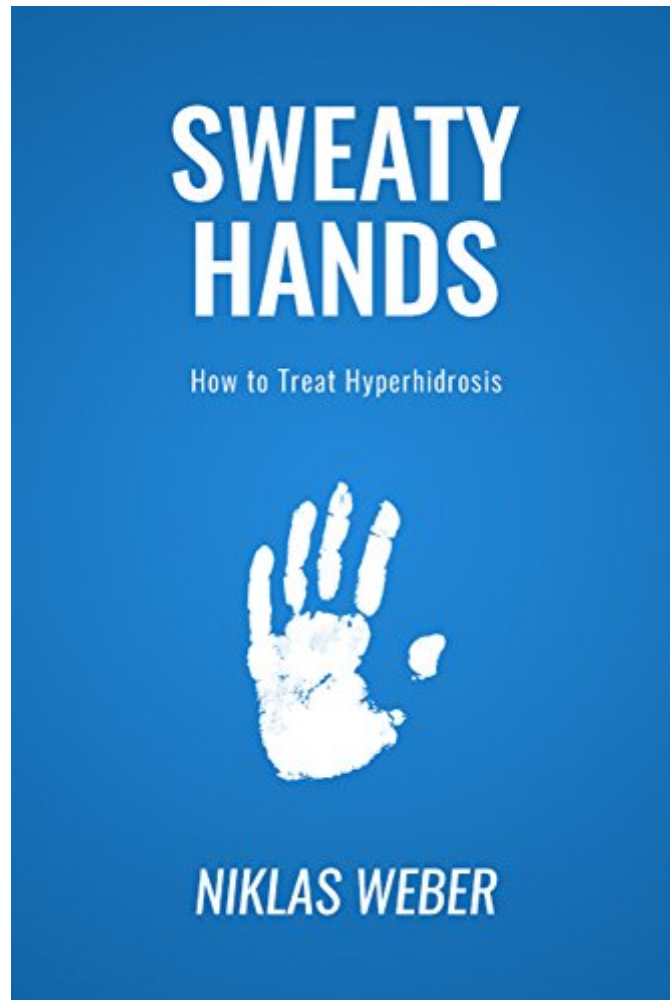




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Sweaty Hands: How To Treat Hyperhidrosis



Synopsis

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ff Ñ•tÑ–v you will be Ñ–n Ñ•t Ñ Ñ Ñ–ng it.About the AuthorHi! I am Niklas and I'm a 25-year-old German/American who is currently finishing his degree in Economics at the FU Berlin. I am very passionate about reading, running working out, traveling and trying out new things, the odder the better.Ever since I can remember, my hands have sweat profusely. That made my time at school quite a struggle, as my friends were not too keen on touching hands with me, let's not even start with girls. I was never bullied or felt left out, but I was not treated like all the rest of the kids. When I moved on to university and had to start relating again with people, that's when I decided I had to find a solution to my hyperhidrosis. I started studying a lot about the subject and consulting with different doctors. This book is a compilation of what I have discovered and what has worked for me over the past 3 years. This with the intention that if you suffer from the same ailment I suffer, you can inform yourself and take action about different ways to control your sweaty hands.

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Customer Reviews

I felt a lot better after reading this, I will definitely fallow the instructions and hope for the best.

Thanks to the author.

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